

## Crawford House, Inc.

*Crawford House was established in 1978 to provide residential treatment to women who are in early recovery from alcohol and drug addiction. Based on the 12-step recovery model of Alcoholics Anonymous, the program is designed to facilitate physical, emotional and spiritual healing in a safe and mutually supportive community.*

Published by Crawford House, Inc.

### Editor

Janis O. Glasberg

### Board of Trustees

Joseph D. Priory, *President*

#### *Attorney*

Judith E. Wist, *Vice-President*

#### *Kuller Travel*

Theodore Gofinopolous, *Secretary*

#### *TG & Associates*

E. W. Phares, II, *Treasurer*

#### *West Chemical Products, Inc.*

William Wood Allen

#### *WoodAllen Capital Management*

Walter G. Barlow

#### *Research Strategies Corporation*

John S. Brown

#### *Retired, Johnson & Johnson*

David K. Cully

#### *Community Volunteer*

Robert Hebestreit

#### *Amboy National Bank*

Charles E. Metcalf

#### *Mathematica Policy Research, Inc.*

Mary Ryan

#### *TAB Products*

Jacqueline Simard

#### *Boys and Girls Club*

### Honorary Board of Trustees

The Honorable Brendan T. Byrne

### Executive Director

Linda M. Leyhane, CDA

### Development Director

Janis O. Glasberg

Crawford House is licensed by NJ Department of Human Services, Division of Addictive Services

### Professional Affiliations

Association of Alcoholism and Drug Addiction

Halfway Houses of New Jersey

Association of Halfway House Alcoholism

Programs of North America

Mercer Organization of Addiction Treatment & Education Services

Providers Advisory Committee on Alcohol and

Drug Addiction of Somerset, Middlesex and

Burlington Counties (PACADA)

### Crawford House, Inc.

362 Sunset Road

P.O. Box 255 • Skillman, NJ 08558

Tel.: (908) 874-5153 • Fax: (908) 874-4733

E-mail: lleyhane@crawfordhouse.org

Web: www.crawfordhouse.org

### Major Public Funding Provided By

- New Jersey Department of Human Services
- Burlington County, Board of Chosen Freeholders
- Mercer County, Board of Chosen Freeholders
- Middlesex County, Board of Chosen Freeholders
- Monmouth County, Board of Chosen Freeholders
- Somerset County, Board of Chosen Freeholders
- Somerset County United Way
- United Way of Greater Mercer County



## Parenting Classes

During my stay at Crawford House, I had the opportunity to participate in parenting classes. I am the mother of two sons and one daughter. During the classes I learned to have healthy relationships and create family values with my children. I also learned to not only speak firmly with my children but I learned how discipline in a positive manner using praise and positive reinforcement. I now know to allow my children to express their feelings. I realize that I can plan great activities and have fun without spending a great deal of money. I understand how important it is to set schedules and establish boundaries. I learned a great deal out of the classes. I can't wait to put my arms around my children and practice my new skills.

Lara A.

Resident of Crawford House

*Somerset Treatment Services provided parenting classes to the residents of Crawford House during this summer. Ten sessions were held on site and supervised by Sari Rosen using the Strengthening Families model. Women who participated in all ten sessions received certificates of completion. Classes will resume in January. Thank you, Somerset Treatment, for providing these educational sessions.*

## In 2008

# Crawford House turns 30!

STAY TUNED  
FOR MORE INFORMATION  
ON OUR  
ANNIVERSARY CELEBRATION.



### Create Your Vision of the Future

Have you ever considered naming Crawford House as a beneficiary in your will or life insurance policy? Please contact Janis Glasberg, Crawford House Development Director for more information: (908) 874-5153; email: jglasberg@crawfordhouse.org.

# Camping - The Crawford House Way

The Crawford House camping trip was a huge success this year. We experienced a lot of quality time as we had the opportunity to get to know one another over a long period of time. We really enjoyed the outdoor fun, the weather was great and the camp grounds were wonderful.

There was an interesting twist thrown at us over the weekend. We were all assigned a new buddy. This was someone we were to learn new things about. It turned out great. We really got to know about ourselves and each other. Part of being with our buddy was to make a gift for that person. This gift was to be made only of things we found in nature. It was fun and gave us a chance to be creative.

The scavenger hunt we had was

great deal of fun. It allowed us the opportunity to actually learn that working as a team is better than working alone. We did many other fun things - we went on a hike, enjoyed baseball and kickball, experienced a trust walk and even put on a talent show.

I would say the most special time on our camping trip was our bonfire get togethers. Over the fire, we were able to roast marshmallows and do a great deal of relating and bonding with one another on a more personal level. Two women told their stories under the stars. Of course, we sang our hearts out too.



The trip all in all was an experience that we will never forget. It will be a memory that we will have forever. For some, it was the experience of having fun for the first time in recovery.

Vanessa  
Resident - Crawford House

## Recovery for ME

*Recovery doesn't mean lie, cheat and steal -  
Recovery means be honest and say how you feel.*

*Recovery doesn't mean, your life is done and over -  
Recovery means no matter what you can be clean and sober.*

*Recovery doesn't mean give yourself a beating -  
Recovery means get up and find a meeting.*

*Recovery doesn't mean pride or dishonor -  
Recovery means there is always a sponsor.*

*Recovery doesn't mean you always have to be alone -  
Recovery means when you are scared pick up the phone.*

*Recovery doesn't mean just sit around and pout,  
Recovery means open your mouth and let it out.*

*Recovery doesn't mean forget everything and run -  
Recovery means you can have fun.*

*Recovery doesn't mean you are all by yourself -  
Recovery means emotional health.*

*Recovery doesn't mean your attitude should be sour -  
Recovery means always seek your higher power.*

*Recovery doesn't mean sit around and mope,  
Recovery means, share the experience, strength and hope.*

Sandra T.  
Resident - Crawford House

*From Friday, September 14<sup>th</sup> through Sunday, September 16<sup>th</sup>, the 22 residents of Crawford House and three staff, Deb Prewitt, Pam Bailey and Linda Leyhane experienced camping at the Agnes DeWitt Girl Scout Camp in Neshanic, New Jersey. Sleeping in tents but cooking inside this experience offers women the opportunity to have a new, fun experience in a healthy manner.*

Thanks to Matt Kiefer and Kiefer Landscapes Crawford House has a beautiful new patio.



## Staff News

Janis Glasberg is the new Development Director at Crawford House. She is a graduate of Simmons College in Boston, MA with a BA in Management. She comes to the organization with 8 years of experience with UJA Federation as the Director of Community Campaigns. Janis also spent several years in the Consumer Goods sector as a Retail Sales Manager.

Janis lives in the local community with her husband, Jeff, and their blended family - Kylie, Lauren, and Matthew. She enjoys being outdoors and playing recreational sports with her family as well as traveling.

## ***Better***

The things that I lost is my biggest regret  
My morals, my values the tears I have shed

My weakness took over, and when I should have been strong  
The games, the crimes, the pain and the wrongs

Today I recover from a twisted disease  
I was once in the gutter, now I need to be free

Today I am living a life without drugs  
Replacing it all with Faith and Love

Today I have learned that addiction is not fair  
But I am giving my life a chance to be spared.

*Thank you Crawford House.*

*Geisha  
Resident*

Non-Profit Organization  
U.S. POSTAGE  
PAID  
Skillman NJ 08558  
Permit No. 84

Crawford House  
P.O. Box 255  
362 Sunset Road  
Skillman, NJ 08558



# CRAWFORD HOUSE

## *Halfway House for Women*

### From the Executive Director

After more than two years of intense work by the Crawford House staff with the assistance of consultants, we proudly announce that Crawford House was accredited by CARF in June of 2007 for period of three years. During its 41 year history, CARF has become the premier accreditation organization for human services organizations internationally. A facility such as Crawford House must meet rigorous CARF requirements and pass an on-site inspection by CARF professionals to gain accreditation. Hundreds of hours went into this effort, a vital step in assuring a continuation of the highest standards being met by Crawford House.

Aside from the rare honor of achieving a three year accreditation on the first attempt, accreditation has many other benefits for Crawford House and its mission. The process of gaining and maintaining accreditation means that the highest performance criteria for the benefit of our residents have been achieved. The mission of CARF to promote internationally recognized standards of quality

“and optimal outcomes of services, through a consultative accreditation process that centers on enhancing the lives of the persons served” reflects the core values of Crawford House as well.

For our residents, our supporters, financial and otherwise, as well as the governmental and non-governmental agencies we proudly serve, this accomplishment gives the ultimate assurance of meaningful, successful and quality services.



*Linda M. Leyhane  
Executive Director*

### A great time was had by all at the Fifth Annual Humanitarian of the Year Award dinner

On an unusually warm October 18, 2007, the Fifth Annual Humanitarian of the Year Award Dinner honoring Amboy National Bank and George E. Scharpf, President and CEO, was held at Forsgate Country Club. George was truly honored by his award and the recognition it brought Amboy National Bank. He said that the bank looks forward to their continued successful partnership with Crawford House.

Residents and staff of Crawford House and members of the community had a wonderful evening. The attendees walked into a beautifully decorated room and enjoyed a night filled with

inspiring speeches, delicious food, and wonderful silent auction items. Everyone was brought to tears when Regina, who completed the program three days after the dinner, spoke about how Crawford House had helped her to become a stronger woman and how happy she was that she would now be reunited with her two year old son.



*Greg Scharpf,  
Chief Retail Banking Officer and  
George E. Scharpf,  
President and CEO  
(Amboy National Bank)*



*Joe Mullane, VP-Commercial Lending  
and Rob Hebestreit,  
Assistant VP Market Manager  
(Amboy National Bank)*