



CRAWFORD HOUSE

Halfway House for Women



Linda M. Leyhane, Executive Director

From the Executive Director

Dear Friends - Sometimes, without much fanfare, correspondence comes across my desk that offers inspiration and hope. Such a letter was recently written by a graduate. By sharing this with you, I hope that you find encouragement in the words expressed by a women who found in Crawford House a place to find her recovery.

Linda M. Leyhane

September 14, 2009

“My name is Terry and I am a recovering addict and alcoholic. I want to say thank you so much for this program. Crawford House has shown me the things that I have to be grateful for – how to live life on life’s terms and most of all it has given me tools to live a clean and sober life.”

“Before coming to Crawford House, I hated waking up in the morning, praying that God would take me in my sleep. Now I look forward to each day and the blessings God gives me. I have a great start now to be the mother I always wanted to be, the grandmother I know I can be, the daughter my parents deserve and a friend you can count on and trust.”

“I am completing the program on September 24th. As exciting as this is, it is also a little scary. Thanks to Crawford House I can summon the courage to face my fears and continue on with my journey. Thank you for giving me a life. I will be forever grateful.”

All my gratitude,

Terry S.

2009 Harvest Dinner

On November 18th, 2009, Crawford House will host its annual fundraising dinner. This year’s Harvest Dinner will be held at Cherry Valley Country Club in Skillman starting at 6pm.

The Harvest Dinner Committee, lead by Chair Eve Golfinopolous and Co-Chair Patty Edelstein, is pleased to have the opportunity to honor Noel and Frank Drift. The Drifts are lifelong area residents and local philanthropists. Well known as the hosts of the Montgomery Rodeo, held annually at Daube Farm, the Drifts have raised thousands of dollars for local charities, including Crawford House.

Mrs. Golfinopolous and Mrs. Edelstein are joined on this year’s committee by Peg Bowers, Robert Hebestreit, Sue Ann Cooper, and Kristie Drift. The evening will include a social hour and seated dinner. Additionally, the Harvest Dinner will feature a special gift raffle and silent auction.

The cost is \$100 per person. To reserve your seat, or for more information on available sponsorships and journal advertising, please contact Amy Siperstein, Director of Development, at 908.874.5153 ext. 8 or devdirector@crawfordhouse.org.

Crawford House, Inc.

Crawford House was established in 1978 to provide residential treatment to women who are in early recovery from alcohol and drug addiction. Based on the Twelve Step recovery model of Alcoholics Anonymous, the program is designed to facilitate physical, emotional and spiritual healing in safe and mutually supportive community.

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Executive Director

Linda M. Leyhane, CDA

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Association of Alcoholism and Drug Addiction

Halfway Houses of New Jersey

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Staff Highlight: Deloris Schreier

Deloris Schreier has been a Primary Counselor at Crawford House for five years and has worked in the counseling field for ten years. Having demonstrated outstanding leadership skills at Crawford House, Executive Director Linda Leyhane nominated Deloris to participate in the Central East Addiction Technology Transfer Center Leadership Institute this past Spring. The Leadership Institute concentrates on providing training to prepare professionals for positions of agency leadership.

Deloris was one of only seven attendees chosen to attend the week-long immersion training. Attendees came from Maryland, Washington, D.C., and New Jersey. The training workshops were held daily from 8am – 4pm.

The attendees concentrated on learning about themselves as leaders: their styles of leadership, communication, and conflict resolution. Additionally, the attendees made lists of their personal leadership strengths and weaknesses and compared them to lists provided by their supervisors.

Although the in person portion of the training is only a week long, the full program lasted six months. The workshop attendees must choose one weakness to concentrate on for six months after the week long session and report back to the Leadership Institute.

Deloris completed her training and graduated from the Leadership Institute September 11th after successfully working on her team building and team leadership assignment. Crawford House congratulates Deloris on her achievement and is happy to have her as an integral part of our counseling team.

Golf Raffle: And the winner is....

On September 10th at 12 noon, the three lucky winners of the Crawford House Golf Raffle were drawn.

The raffle raised \$6,100 for the programs and services of Crawford House.

Our lucky winners are:

Wayne Carlson – First Prize: Foursomes at TPC Jasna Polana, Bedens Brook Country Club, Cherry Valley Country Club, and Olde York Country Club.

Jan Wilson – Second Prize: Foursomes at Pine Barrens Country Club, Yardley Country Club, Linwood Country Club, and Northampton Valley Country Club.

Edward Matthews – Third Prize: A Set of Calloway Golf Irons

Congratulations to our winners and thank you again to all of our raffle participants!

Board of Trustee News

At the Annual Meeting held on January 31, 2009, Crawford House Board of Trustees re-elected Theodore Golfinopolous as President of the Board. John S. Brown was re-elected as Vice President, E.W. Phares, II was re-elected Treasurer and Robert Hebestreit was newly elected as Secretary.

Crawford House Board of Trustees is proud to announce the addition of three newly elected Board members: Peg Bowers, Mark Durand and Carol Lynn Jefferson. Peg is a life-long Princeton resident. Formerly Vice President of Lee Hecht Harrison, a firm specializing in leadership and team building, Peg is now a consultant. Mark currently serves as the Senior Vice President and Chief Financial Officer for Watson Pharmaceutical. Earlier in his career, he served as the CFO and SVP of Business Development for Teva Pharmaceuticals after spending eighteen years in various executive positions at Bristol-Myers Squibb. Carol is a Princeton resident who has been active in area causes for many years. Currently, Carol serves as an auxiliary member of the Princeton Medical Center, a member of the Junior League of Greater Princeton, and a member and past President of the Soroptimist Club of Princeton.

We are honored to have Peg, Mark and Carol join the Board and helping to foster the mission of Crawford House.

Walter G. Barlow 1917 - 2009

Walter Barlow touched many lives. Walter was a treasured member of the Crawford House Board of Trustees, an advocate for our mission, and most importantly a friend. A tree was dedicated in his memory on October 7, 2009, so his charity and devotion to the mission of Crawford House will never be forgotten.

The Walter Barlow Memorial Tree was made possible through the generous donations of Will Allen, Reverend Thomas and Susan Baker, John Brown, David and Lynn Cully, Mark Durand, Ted Hammond, Michael Kelly, Janet Kreismann, Mr. and Mrs. James P. Lang, Tom and Linda Leyhane, James Parmele, E.W. Phares, II, Mark Rudnick, Jan Runkle, Susan Farrar Savidge, Heather Shannon, Joshua Waterman, Jill Wilson, and Jeffrey York.

Volunteer Corner

Computer Training setting the Foundation for Careers

Ginger Bunn, now retired, was a professional computer trainer for over twenty years. An area local, Ginger was in search of volunteer opportunities when her neighbor, also a Crawford House volunteer, referred her to Crawford House.

Ginger developed and teaches a once weekly computer course to the Crawford House residents. Beginning five months ago, the class originally started as an hour once a week but has grown to a two hour session because of the amount of training the residents need coupled with their enthusiasm.

During the computer training, Ginger works with the residents one-on-one and in groups. Together, they tackle resume writing, and learning career essential programs like Microsoft Word and Excel. Additionally, the residents use Typing Tutor to enhance their typing skills.

Ginger finds working with the residents "rewarding, and appreciative of the help" she provides them on a weekly basis. Thank you, Ginger!

Volunteer Corner: Providing Resources and Hope

When Christina Fakes, a Girl Scout from Belle Meade, thought about working on her Gold Award, she thought of the women of Crawford House. Crawford House is local to Christina, as she had done service projects for Crawford House previously.

Project planning began in the Fall of 2008, when Christina decided to makeover a common room in the original building that could be used as a "Resource Room" for the residents. Meeting with graduating residents proved helpful, and Christina was able to translate their input and ideas into her final product.



Spending over 72 hours on the room transformation, Christina collected information on various topics such as transportation, housing, legal services, credit counseling, and emergency contact information and organized each topic into binders complete with step by step instructions.

Christina wanted the room to be accessible to both residents and past graduates. Additionally, Christina wanted the room to feel comfortable and home-like. To accomplish a cozy feeling, Christina painted the room, hung window treatments, and displayed framed poems, artwork and posters.

As a finishing touch, Christina prepared bulletin boards and stocked them with information from the Motor Vehicle Commission and other agencies that she thought residents might need to refer to.

Thank you, Christina, for your hard work and vision!

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